

AR THRO



V COURSE
ARTHROSCOPY AND
WRIST SURGERY

2022

v a l e n c i a 17th / 18th
NOVEMBER

Hospital  quirónsalud
Valencia

Course directors:
Vicente Carratalá, MD
Francisco J. Lucas, MD
Cristóbal Martínez, MD
Eva Guisasaola, MD



WRIST



2-day update and immersion course in wrist surgery and arthroscopy, aimed at specialists and residents with a special interest in the subject, without forgetting physiotherapists, rehabilitators and hand therapists.

The most avant-garde techniques in wrist arthroscopy will be treated, under an update course and assessment of their results.

Teachers of national and international prestige who are leaders in the field will be in charge of conducting the course, directed by the team of the Hand Surgery Unit of Valencia.

The theoretical part will be made up, among others, of presentations, presentations of clinical cases where we will request the active collaboration of the attendees, discussions on video techniques and talks with the expert.

The active participation of attendees is requested for the submission of clinical cases. The 3 best will be previously selected and will be exhibited in the conference room.

As a novelty, practical workshops on ultrasound, nanoscopy, arthroplasty and splints are organized. (Places limited to strict order of registration).

INTERNATIONAL FACULTIES

Andrea Atzei. Hospital de Treviso. Italia

Ricardo Kaempf. Hospital Novo Porto Alegre. Brasil

Riccardo Luchetti. Rimini Hand Surgery & Rehabilitation Center, Rimini Multimedica Policlinic. Italia

NATIONAL FACULTIES

Vicente Carratalá. H. Quirónsalud. Valencia

Kim Casañas. H. Univ. de Bellvitge. TraumaUnit. Clínica Teknon. Barcelona

Fernando Corella. H. Univ. Infanta Leonor. H. Univ. QuirónSalud. Centro Olimpia. Madrid

Marcos Cruz. H. Dos de Maig. Barcelona

Pedro J. Delgado. H. Univ. HM Montepíncipe. Madrid

Jaime De la Torre. Clínica Teknon. Barcelona

Mireia Esplugas. Instituto Kaplan. Barcelona

Homid Fahandezh. Fundación Hospital Alcorcón. Madrid

David González. H. General Univ. de Alicante Doctor Balmis. Alicante

Eva Guisasaola. H. Quirónsalud. Valencia

Francisco J. Lucas. H. Quirónsalud. Valencia

Álex Lluch. H. Vall D'Hebron. Instituto Kaplan. Barcelona

Cristóbal Martínez. H. Dos de Maig. Traumaunit CM Teknon-Quirón. Barcelona y Valencia

Montserrat Ocampos. H. Univ. Infanta Leonor. H. Univ. QuirónSalud. Centro Olimpia. Madrid

Pau López Osornio. Clínica Teknon. Barcelona

Samuel Pajares. Clínica Universitaria de Navarra. Madrid y Pamplona

Miguel Blasco. Terapia de mano TEC-MA Rehabilitación. Alicante

Carlos Castaño. Fisioperpinyà Fisioteràpia i Recuperació Funcional. Valencia

VENUE FOR THEORETICAL CONFERENCES AND WORKSHOPS ON SPLINTS AND SAWBONES

HOTEL MELIÁ VALENCIA

Avda. Cortes Valencianas 52, Valencia

VENUE FOR PRACTICAL WORKSHOPS

UNIVERSIDAD CATÓLICA DE VALENCIA

C/ Quevedo 2, Valencia

ARTHROWRIST

THEORETICAL REGISTRATIONS

Early registration until Friday, July 29: 350 € + IVA
After the deadline the cost of registration: 400 € + IVA

Physiotherapists and occupational therapists registration 100 € + IVA

To access the registration for the workshops it is necessary to have previously registered for the theoretical registration.

PRACTICAL WORKSHOPS REGISTRATIONS

The workshops have limited places and are subject to strict registration order.

SPLINT AND SAWBONE WORKSHOPS / HOTEL MELIÁ VALENCIA

Thursday 08:00 - 09:30 h.

Room 1. SPLINTS IN HAND DISORDERS: 40 € + IVA (20 seats)

Room 2. ULNAR SHORTENING (NEWCLIP): 50 € + IVA (20 seats)

Thursday 14:15 - 15:30 h.

Room 1. DISTAL NRADIUS PLATE AND CANNULATED SCREWS (ARTHREX): 50 € + IVA (18 seats)

Room 2. 3D PRINTED SPLINTS (DR. PAU LÓPEZ OSORNIO)

Free; Pre-registration via web is required

Friday 08:00 - 09:30 h.

Room 1. ULTRASOUND IN HAND AND WRIST WORKSHOP: 150 € + IVA (18 students / 6 seats)

Room 2. ULNAR SHORTENING (NEWCLIP): 50 € + IVA (20 seats)

Friday 14:15 - 15:30 h.

Room 1. DISTAL NRADIUS PLATE AND CANNULATED SCREWS (ARTHREX): 50 € + IVA (18 seats)

PRACTICAL WORKSHOPS / UNIVERSIDAD CATÓLICA DE VALENCIA

Thursday 08:00 - 09:30 h.

NANOSCOPE AND CARPAL TUNNEL RELEASE (ARTHREX)

175 € + IVA x student and day (12 students / 6 seats)

CMC AND PIP ARTHROPLASTY (MEDCOMTECH)

275 € + IVA x student - includes both days (16 students / 8 seats: 4 CMC / 4 PIP)

Friday 08:00 - 09:30 h.

NANOSCOPE AND CARPAL TUNNEL RELEASE (ARTHREX)

175 € + IVA x student and day (12 students / 6 seats)

CMC AND PIP ARTHROPLASTY (MEDCOMTECH)

275 € + IVA x alumno - includes both days (16 students / 8 seats: 4 CMC / 4 PIP)

*The same 16 students as the day before since they rotate



Thursday / 17th
NOVEMBER

v a l e n c i a 2022

08:00 - 09:30 h. **WORKSHOPS**

HOTEL VENUE

Room 1. SPLINTS IN HAND DISORDERS
Room 2. ULNAR SHORTENING (NEWCLIP)

UNIVERSITY VENUE

NANOSCOPE AND CARPAL TUNNEL RELEASE (ARTHREX)
CMC AND PIP ARTHROPLASTY (MEDCOMTECH)

09:45 - 10:00 h. **Welcoming**

10:00 - 11:00 h. **ULNAR SIDED WRIST PAIN**

Moderators: [Pedro J. Delgado](#) / [Pau López Osornio](#)

[TFCC anatomy and biomechanics](#). M. Esplugas
[Differential diagnosis ulnar sided wrist pain](#). A. Lluch
[Arthroscopic examination of ulnar side of the wrist](#). M. Esplugas
[Ulnocarpal impingement. Diagnosis and treatment](#). J. De la Torre
[Pisotriquetral disorders, diagnosis and treatment](#). F. Lucas
[Arthroscopic management of ecu disorders](#). F. Corella

11:00 - 11:15 h. **DISCUSSION**

11:15 - 11:45 h. **CLINICAL CASES (2 cases)**

[Alex Lluch](#)

Experts: [J. De la Torre](#) / [M. Esplugas](#) / [A. Atzei](#)

11:45 - 13:15 h. **DRUJ**

Moderators: [Montserrat Ocampos](#) / [Álex Lluch](#)

[DRUJ biomechanics](#). A. Lluch
[DRUJ instability. Foveal reinsertion](#). A. Atzei
[DRUJ instability. TFCC ligamentoplasty](#). V. Carratalá
[Distal oblique bundle reconstruction, When?](#) P.J. Delgado
[Arthroscopic salvage procedures for DRUJ arthritis](#). R. Luchetti
[DRUJ arthroplasty. Indications and results](#). S. Pajares
[Rehabilitation in DRUJ instability](#). E. Guisasaola

13:15 - 14:30 h. **Lunch and workshops**

WORKSHOPS

HOTEL VENUE

Room 1. DISTAL NRADIUS PLATE AND CANNULATED SCREWS (ARTHREX)
Room 2. 3D PRINTED SPLINTS (DR. PAU LÓPEZ OSORNIO)

14:30 - 15:30 h. **TECHNIQUES**

Moderators: [Fernando Corella](#) / [Cristóbal Martínez](#)

[TFCC foveal reattachment](#). A. Atzei
[TFCC ligamentoplasty](#). V. Carratalá

15:30 - 16:00 h. **CLINICAL CASES (2 cases)**

[Mireia Esplugas](#)

Experts: [R. Luchetti](#) / [P.J. Delgado](#) / [P. López Osornio](#)

16:00 - 17:00 h. **CMC AND STT JOINT**

Moderators: [Jaime De la Torre](#) / [Samuel Pajares](#)

[CMC biomechanics](#). M. Esplugas
[CMC arthritis arthroscopic treatment](#). K. Casañas
[CMS arthroplasty](#). H. Fahandezh
[CMC arthritis. Non operative and post operative management](#). C. Castaño
[Arthroscopy for STT disorders](#). A. Atzei
[SOAC wrist, How can we treat it?](#) R. Kaempf

17:00 - 17:30 h. **CLINICAL CASES (2 cases)**

[Ricardo Kaempf](#)

Experts: [F. Corella](#) / [P.J. Delgado](#) / [S. Pajares](#) / [A. Atzei](#)

17:30 - 18:30 h. **TECHNIQUES**

Moderators: [Vicente Carratalá](#) / [Mireia Esplugas](#)

[CMC arthroscopy](#). K. Casañas
[STT disorders. SOAC wrist](#). R. Kaempf



Friday / 18th
NOVEMBER

v a l e n c i a 2022

08:00 - 09:30 h. **WORKSHOPS**

HOTEL VENUE

Rom 1. ULTRASOUND IN HAND AND WRIST WORKSHOP
Room 2. ULNAR SHORTENING (NEWCLIP)

UNIVERSITY VENUE

NANOSCOPE AND CARPAL TUNNEL RELEASE (ARTHREX)
CMC AND PIP ARTHROPLASTY (MEDCOMTECH)

10:00 - 10:30 h. **MASTERCLASS: UTILITY OF ULTRASOUND IN HAND AND WRIST**
Homid Fahandezh

10:30 - 12:10 h. **CARPAL INSTABILITIES**
Moderators: Riccardo Luchetti / Fernando Corella

Scapholunate and lunotriquetral biomechanics. A. Lluch
Arthroscopic treatment of acute SL injuries. V. Carratalá
Arthroscopic SL reconstruction. M. Ocampos
Arthroscopic dorsal SL reconstruction. F.L. Lucas
LT instability. Arthroscopic management. C. Martínez
Management of complications after SI reconstruction. A. Lluch
Arthroscopic management midcarpal instability. A. Atzei
SLAC wrist. Arthroscopic treatment. R. Kaempf
Non operative treatment midcarpal instability. E. Guisasola

12:10 - 13:10 h. **TECHNIQUES**
Moderators: Pau López Osornio / Kim Casañas

SL 360 reconstruction. F. Corella
LT ligamentoplasty. M. Cruz

13:15 - 14:30 h. Lunch and workshops

WORKSHOP
HOTEL VENUE

Room 1. DISTAL NRADIUS PLATE AND CANNULATED SCREWS (ARTHREX)

14:30 - 15:30 h. **DISCUSSION OF CASES WITH THE EXPERT (3 cases)**
Experts: P.J. Delgado / J. De la Torre / S. Pajares / M. Esplugas

15:30 - 17:00 h. **FWRIST FRACTURES AND DISLOCATIONS**
Moderators: David González / Francisco J. Lucas

Distal radius fractures. Arthroscopic assistance. F. Corella
Scaphoid fractures. Arthroscopic assistance. R. Kaempf
Arthroscopic treatment scaphoid non unions. P.J. Delgado
Arthroscopic treatment carpal dislocations. C. Martínez
Immobilization, learned disuse and observation of actions.
Its application after carpal fractures. M. Blasco
Treatment of the joint sequelae using chondral matrix. P. López Osornio
Interposition technique in chondral defects. P.J. Delgado
Arthroscopic treatment of wrist stiffness. R. Luchetti
Motec wrist arthroplasty. D. González

17:00 - 18:00 h. **TECHNIQUES**
Moderators: Cristóbal Martínez / Marcos Cruz

Scaphoid pseudoarthrosis. F. Corella
Arthroscopic management of the articular defects after distal radius fractures. P.J. Delgado

18:00 h. Closure of the course

Accreditation requested to:



SCIENTIFIC SUPPORT:



SPONSORS:



COLLABORATE:



Technical Secretary:



inscripciones@atenta.es

arthrowristvalencia.com